



FINAL PROJECT REPORT

Project: Intergenerational context between grandparents and grandchildren with special needs in countries with different sociocultural background

Project number: **73p22**
Project partners: **Faculty of Sports Studies, Masaryk University, Brno, Czech Republic**
Institute of Sport Science, University of Vienna, Austria

Project duration: **1. 7. 2015 – 30. 6. 2016**

Project partners: **Dagmar Heiland Travnikova (FSpS), Hana Valkova (FSpS), Gabriela Janikova (FSpS), Katarina Simkova (FSpS), Maria Dinold (Uni Vienna), Martin Kolb (Uni Vienna)**

PROJECT ACTIVITIES and OUTCOMES SUMMARY:

- 07-10/2015 Research data analysis in the area of Czech and Austrian seniors, data processing by academics and young researchers from both CZ and AT teams
- 17.-19.10.2015 **Preparatory meeting and workshop of the academics, project coordinators and student researchers in Austria** (2 days before the autumn school for students), Universitätssport- und Seminarzentrum Dientnerhof
Meeting participants - project members:
Academics: Dagmar Heiland Travnikova and Hana Valkova (FSpS), Maria Dinold and Michael Kolb (Uni Vienna),
Young researchers: Gabriela Janikova and Katarina Simkova (student researchers FSpS)
- 17.– 21.10.2015 **Intensive Autumn school in Austria;** Universitätssport- und Seminarzentrum Dientnerhof
Content: lectures of the Austrian and Czech academics (Heiland Travnikova, Valkova, Dinold, Kolb); participation of 6 Czech and 4 Austrian students and young researchers; theoretical lectures and practical workshops; processing the research data (see the attached Autumn school programme)
- 11/2015 Presentation of the preliminary project results at the international scientific conference **“10th International conference on Kinanthropology - Sport and Quality of Life”**
Intergenerational context between grandparents and grandchildren in the area of physical activities in countries with different sociocultural background – preliminary project study outcomes; Dagmar Heiland Travníková, Milena Strachová (FSpS MU Brno, 2015)



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- 01-06/2016 Processing the research data; according to an extensive number of questionnaires of Czech and Austrian seniors, more time and consultations needed in order to keep the research data valid and reliable
- 7.-9.6.2016 **Meeting of the project teams from CZ and AT in the facilities of University of Vienna**
Content: analysis, discussion of the acquired research data and outcomes; stating further tasks and final steps: selection of appropriate scientific journals to present the project and research data
Meeting participants - project members:
 Academics: Dagmar Heiland Travnikova and Hana Valkova (FSpS), Maria Dinold and Michael Kolb (Uni Vienna),
 Young researchers: Gabriela Janikova and Katarina Simkova (student researchers FSpS), Ursula Rumpler (student researcher Uni Vienna)
- 28.-29.6.2016 **Final project meeting of the CZ and AT teams in the facilities of FSpS, Brno;**
Content: analysis, discussion of the acquired research data and outcomes; determining the equalities and differences between CZ and AT in the area of inter-generation communication; planning the following project steps – creating the “packet” of recommended activities in the inter-generation coexistence; stating the deadline of distributing scientific papers – Autumn 2016
Meeting participants - project members:
 Academics: Dagmar Heiland Travnikova, Milena Strachova and Hana Valkova (FSpS), Maria Dinold and Michael Kolb (Uni Vienna),
 Young researchers: Gabriela Janikova and Katarina Simkova (student researchers FSpS)

CONCLUSION OF THE PROJECT

During the two project periods (1.2.-30.6.2015 a 1.7.2015-30.6.2016) we met the determined goals of the project by setting a close contact and cooperation between the academics from the Faculty of Sports Studies (Brno, CZ) and University of Vienna (AT) and by implementation of two intensive schools for students and young researcherch of both above mentioned institutions. We also succeeded to conduct a socio-psychological background research by means of a questionnaire data collection of seniors from CZ and AT, focusing on the physical activity and type in their childhood as well as their contemporary situation in the area of spending time together with their grandchildren and doing physical activities. Preliminary results of the research were presented at the international conference *Sport and Quality of Life* in Brno in 11/2015. However, the complex results of the research shall be published in scientific journals in the following months. The academics of both institutions are going to continue their cooperation and their further goal is to conduct research inquiry with children, focusing on their view of their grandparents. Specifics of both countries will be taken into consideration again. The financial support received by AKTION programme was used economically in order to meet the project goals.



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Heiland Travnikova

Reported by: **Mgr.Dagmar Heiland Travnikova, Ph.D., 25.7.2016**
Project coordinator
Faculty of Sports Studies, MU, Brno, Czech Republic



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